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## INSTRUCTIONS BEFORE DENTAL TREATMENT UNDER GENERAL ANESTHESIA

**IT IS IMPORTANT FOR YOUR CHILD'S SAFETY THAT YOU FOLLOW THESE INSTRUCTIONS CAREFULLY**

*Anesthesia* will text you the day prior to surgery to go over any additional pre-op instructions specific to your child.

**Eating and drinking:** To avoid complications during treatment with sedation or anesthesia, **DO NOT allow your child to eat or drink anything (NOT EVEN WATER)** after midnight prior to the day of the scheduled procedure. **DO NOT BRUSH YOUR CHILD'S TEETH THAT MORNING.**

**Comfortable clothing:** Dress your child in loose-fitting, comfortable clothing that morning. Two-piece pajamas are perfect! We recommend you child bring his/ her favorite blanket to the appointment. Please bring a change of clothes including undergarments.

**Changes in Health:** Contact us with any changes in your child's health within 7 days prior to the day of surgery. Especially the development of a cold, runny nose, or fever.

**Consenting adult:** A responsible legal guardian must accompany the patient to the dental office and must remain until treatment is completed. Plan to arrive early for your appointment. **Two (2) adults are required** to take the child home after the treatment as he/she should be closely watched for signs of breathing difficulties and should be carefully secured in a car seat or with a seat belt during transportation. **DO NOT USE PUBLIC TRANSPORTATION. DO NOT BRING OTHER CHILDREN TO THE APPOINTMENT.**

**Medications:** Give your child only those medications which he/she takes daily for a particular medical condition (such as seizure medications). If in doubt, call our office and Dr. Yu will inform you if the medicine can be taken prior to the day of treatment. **DO NOT** give your child any other medicines before or after treatment without checking with us!

Most children will wake up cranky, shaky and unsteady. This is a normal reaction. **PARENTS ARE NOT ALLOWED BACK IN THE ROOM DURING SEDATION OR GENERAL ANESTHESIA. THIS IS FOR THE SAFETY OF YOUR CHILD; WE WANT TO HAVE 100% OF OUR ATTENTION FOCUSED ON YOUR CHILD.** Once the appointment is over, we will allow you to come back and be with your child.

Thank You!