



2020 8th Ave. Suite 121.
West Linn, OR 97068
contact@bigtoothlittletooth.com
(P) 503-305-6505

INSTRUCTIONS AFTER DENTAL TREATMENT UNDER GENERAL ANESTHESIA

At the end of the day you will receive a call to check on your child and address any non-emergency concerns you may have after your child's treatment. Remember to check that we have the best phone number at which we can contact you later!

Drinking and eating: After treatment, the first drink your child has should be water. Small sips are preferred over taking large amounts of liquid at once. Small amounts of clear liquids such as apple juice can be given next. If your child tolerates clear liquids, Jello, apple sauce, and soft-light foods can be given. Avoid anything greasy or heavy the first day; for example, yogurt, milk, butter, cheese, meats. These foods will be too heavy for your child's stomach and can cause discomfort, nausea, and vomiting.

Activities: Do not plan any activities (going to the park, the mall, play dates) for your child after treatment. Allow your child to rest and closely supervise any activity for the remainder of the day. The best place for your child to be after treatment is at home resting or even watching TV!

Resting: It is normal for your child to be drowsy until fully recovered from the effects of sedation. If your child wants to sleep, position your child on his/her side with their head supported and chin up. During this period, check your child's breathing and airway every three to five minutes.

Discomfort: You may give your child acetaminophen (Children's Tylenol), or ibuprofen (Children's Motrin, or Advil). Follow the instructions in the bottle for dosing based on your child's age/weight

Fever: Your child's temperature may be elevated to 101°F for the first 24 hours after treatment. Tylenol every 3-4 hours and liquids will help alleviate the fever and make sure they are well hydrated. If the temperature is higher than 101°F, please contact our office

Go to the emergency room **and call our after-hours number (617) 942-1612** if:

- *Your child continues to vomit 4 hours after the treatment**
- *The temperature remains elevated beyond 24 hours, or goes above 101°F and you cannot control it**
- *Your child has any difficulties swallowing or breathing**

For other non-emergency questions or concerns call our office at **(503) 305-6505** and we will be able to address your concerns.

THANK YOU!